Face

Spongilla Purifying Therapy

Professional Purifying and Soothing Protocol for Inflammatory Acne-Prone Skin.

The protocol combines the properties of Spongilla Powder (a naturally derived powder obtained from the freshwater sponge Spongilla lacustris), mixed with a specially formulated lotion containing 0.5% salicylic acid and applied as a mask, followed by the targeted application of Pure Skin (Ameson Mesopeel). Its aim is to purify and soothe the skin, improve the appearance of acne-prone skin, and reduce redness and blemishes associated with skin inflammation.

Action:
Improvement in the appearance of inflammatory acne lesions, sebum regulation, pore decongestion and improved pore appearance, and smoother skin texture.

Indications:
Skin with active acne lesions, excess oiliness, enlarged pores, and uneven skin texture.

Contraindications:
Avoid use in the following cases: Skin with open wounds or sunburn, excessively sensitive skin or impaired wound healing; dermatitis, rosacea, allergy to any of the product ingredients, pregnancy or breastfeeding, isotretinoin use within the past six months, herpes, autoimmune skin diseases, recent use of other aggressive exfoliating treatments or aesthetic procedures, unless the necessary recovery period has elapsed.

Key ingredients:
Spongilla Powder (Hydrolyzed sponge), Salicylic Acid, Pyruvic Acid, Succinic Acid, Azelaic Acid

Recommended applications: Depending on the skin condition and needs
Duration of session: Up to 90 minutes
Repeatability: Once a week

Step 1: Cleansing

Cleanse the face and neck to remove excess oil, impurities, and makeup using Elements Clarifying Cleanser Gel. Then, saturate a cotton pad with Elements Clarifying Active Lotion and apply to the face and neck. ***(Duration: 3 minutes)***

Step 2: Comedone Extraction

At this stage, perform the necessary comedone extraction. Apply steam for 20 minutes. Proceed with opening the comedones and extracting sebum for 10–15 minutes. Then, apply high-frequency currents for 2 minutes, in accordance with the device's instructions for use. ***(Duration: 32-37 minutes)***

Step 3: Preparation

To protect sensitive areas, apply Elements Eye Shine Mask locally around the eyes, lips, nostrils, and any moles. ***(Duration: 1 minute)***

Step 4: Spongilla Mask

Mix 2g of Spongilla Powder (2 level scoops, without overfilling the measuring scoop) with 10ml of Spongilla Prep Lotion until a paste forms. Using a brush, apply the paste evenly over the entire face as a mask and leave it on for 15 minutes. Then, carefully and gently remove with water, avoiding friction.***(Duration: 20 minutes)***

Step 5: Purifying Skin

Apply Pure Skin Ameson Mesopeel locally to acne lesions using a cotton swab. Leave the product on for up to 1 minute, then gently neutralize with a cotton pad soaked in Ameson Post Peel Lotion. The application time for Pure Skin must not exceed 1 minute. ***(Duration: 1-2 minutes)***

Step 6: Calming

Apply 1ml of Elements Folic Acid (B9) Serum to the entire face and allow it to absorb. Follow with 5ml of Elements Clarifying Active Mask, applied to the entire face and neck. Leave on for 20 minutes, then carefully remove with water. Finish by applying 1 ml of Clarifying Active Cream to the entire face, using gentle movements until fully absorbed. ***(Duration: 23 minutes)***

Step 7: Sun protection

Apply 1ml of Sunfilm Face Gel SPF 30 or Face Mineral Fluid SPF 50, depending on the time of the treatment session. ***(Duration: 1 minute)***

	Step	Product	Quantity	Duration
1	**Cleansing**	Clarifying Cleanser Gel	1ml	3 minutes
		Clarifying Active Lotion	1ml	
2	**Comedone Extraction**	-	-	32-37 minutes
3	**Preparation**	Eye Shine Mask	2ml	1 minute
4	**Spongilla Mask**	Spongilla Powder	2g	20 minutes
		Spongilla Prep Lotion	10ml	
5	**Purifying Skin**	Pure Skin	2ml	1-2 minutes
		Post Peel Lotion	4ml	
6	**Calming**	Folic Acid (B9) Serum	1ml	23 minutes
		Clarifying Active Mask	5ml	
		Clarifying Active Cream	1ml	
7	**Sun protection**	Sunfilm Face Gel SPF 30 or Sunfilm Face Mineral Fluid SPF 50	1ml	1 minute

Home Daily Regimen

The protocol is completed with the following products (both of which must be used, with at least one full package of each) for daily skin care, morning and evening:

Essential Products:



Clarifying Face Foam or Clarifying Cleanser Gel
(morning & evening)



Clarifying Active Lotion
(morning & evening)



Folic Acid (B9) Serum
(morning & evening)



Clarifying Active Cream
(morning & evening)



Face Mineral Fluid SPF 50 or Sunfilm Face Gel SPF 30

Recommended products for personalized complementary care, depending on the skin's needs and following assessment by the skincare professional:



Clarifying Active Mask
(1–2 times per week)



Clarifying Active Stick
(apply locally 2–3 times a day)



Retinoid C Serum
(for evening use only)



Aquaporin Cream-in-Gel
(for evening use only)