Mesopeel

Rejuvenation Therapy

Skin rejuvenation treatment that enhances and improves the physiology and appearance of the skin with chemical peeling.

Professional cosmetic skin rejuvenation treatment that offers cell renewal and repairs skin damage caused naturally by time (biological aging) or external factors (environmental aging). Improves the appearance of wrinkles, dull and weak skin, elasticity, and integrity of the epidermis. This treatment is based on the action of special chemical monopeels. It follows a technique of layering and controlled application sequencing treatments, which also determines the degree of its effectiveness.

Action
Keratolysis, cell renewal, reduction of fine lines and wrinkles, reduction of discolorations, tightening, shine, hydration.

Indications
Hyperkeratosis, wrinkles, loss of firmness, dull skin, discolorations, photoaged skin, melasma.

Contraindications
Sore skin, sunburn, overly sensitive skin, healing problems, dermatitis, inflammatory rosacea, allergies to any of the ingredients of the products, pregnancy, breastfeeding, herpes, vitiligo, psoriasis, taking isotretinoin in the previous six months, chemotherapy or radiotherapy, history of autoimmune diseases.

Key ingredients
Lactic Acid, Mandelic Acid, Glycolic Acid

Suggested applications: 6-8
Session duration: Average time 30 minutes / session
Repeatability: 1 or 2 times / month

Step 1: Cleansing

Cleanse the face and neck with Sensitive Cleansing Gel, or the appropriate cleansing product depending on the skin type. ***(Duration: 1 minute)***

Step 2: Preparation

Pro-Peel Lotion (2ml)

Soak the cotton pad with Pro-Peel Lotion and apply on the face and neck. Pro-Peel Lotion will lower the pH of the skin and prepare it for the chemical peeling that will follow. Protect the sensitive areas (periocular, perioral, base of nasal wing, moles) by applying an oily cream. Cover the eyes with a cotton swab soaked in water. ***(Duration: 1 minute)***

Step 3: Chemical Peeling

Layering Technique

Apply the products in layers, letting them act according to the maximum recommended time (see table). Check throughout the procedure for erythema before the end of the prescribed time and if observed, neutralize with Post Peel Lotion. The application starts perimetrically of the face and continues towards the center and neck.

Attention:

• The type of chemical peeling, the coexistence of different chemical peeling products, as well as the layering technique applied on the skin are parameters that determine the degree of chemical peeling.
• In case of intolerable irritation, **do not continue to the next session**, but repeat the same, until the skin becomes resistant so as to continue progressively to the next one.
• In case of severe skin damage, where we do not yet have the desired result, we can continue applying the last session, which was tolerable for the skin.

Session guide:

Session	Product	Quantity	Layer (Application / Duration)
1	Lactic Acid 50%	2ml	① Face & neck up to 2′
	Mandelic Acid 40%	2ml	② Face & neck up to 1′
2	Lactic Acid 50%	2ml	① Face & neck up to 3′
	Mandelic Acid 40%	2ml	② Face & neck up to 3′
3	Lactic Acid 80%	2ml	① Face & neck up to 1′
	Mandelic Acid 40%	2ml	② Face & neck up to 1′
4	Lactic Acid 80%	2ml	① Face & neck up to 2′
	Mandelic Acid 40%	2ml	② Face & neck up to 2′
5	Glycolic Acid 50%	2ml	① Face & neck up to 5′
	Mandelic Acid 40%	2ml	② Face & neck up to 1′
6	Glycolic Acid 50%.	2ml	① Face & neck up to 5′
	Lactic Acid 50%	2ml	② Face & neck up to 2′
	Mandelic Acid 40%	2ml	③ Face & neck up to 2′

Step 4: Neutralization

Post-Peel Lotion (4ml)
Neutralize by soaking the Post-Peel Lotion in a cotton pad and stamp on the face and neck 2 times until there is no feeling of "burning" / "numbness". In case of severe irritation, apply frozen compresses. ***(Duration: 2 minutes)***

Optional after neutralization (topical)
In case of coexistence of discolorations, apply topically Bright Skin in all sessions without neutralizing and continue to the next step.

Step 5: Calming / Hydration

5a. Bio-Cellulose Mask (1 item)
Apply the specialized Bio-Cellulose Mask, which offers immediate hydration, cooling sensation and relief of irritated skin and fully adapts to the shape of the face. Its high biocompatibility instantly and evenly reduces the feeling of inflammation and erythema on the skin. First, remove the mask from the sachet and unfold it. Remove the protective film on one side and apply the mask on the face, eyes, and nose according to existing notches. Then, remove the second protective film. Apply the remaining amount of serum from the sachet to the neck and over the mask. Leave it for 15 to 20 minutes and remove. Apply the remaining amount of serum that may have remained on the face with light movements until absorbed.
(Duration: 15-20 minutes)

5b. Calming Bliss (2ml)
Then apply 2ml Calming Bliss for immediate relief and hydration of irritated skin.
(Duration: 1 minute)

(Total Duration: up to 16-21 minutes)

Step 6: Sun protection

Apply Face Mineral Fluid SPF 50 or Face Mineral Fluid Tinted SPF 50 on the face and neck. ***(Duration: 1 minute)***

	Step		Product	Quantity	Duration
1	**Cleansing**		Sensitive Cleansing Gel	1ml	1 ′
2	**Preparation**		Pro-Peel Lotion	2ml	1′
3	**Chemical Peeling**	**1st Session**	Lactic Acid 50%	2ml	up to 2′
			Mandelic Acid 40%	2ml	up to 1′
		2nd Session	Lactic Acid 50%	2ml	up to 3′
			Mandelic Acid 40%	2ml	up to 3′
		3rd Session	Lactic Acid 80%	2ml	up to 1′
			Mandelic Acid 40%	2ml	up to 1′
		4th Session	Lactic Acid 80%	2ml	up to 2′
			Mandelic Acid 40%	2ml	up to 2′
		5th Session	Glycolic Acid 50%	2ml	up to 5′
			Mandelic Acid 40%	2ml	up to 1′
		6th Session	Glycolic Acid 50%.	2ml	up to 5′
			Lactic Acid 50%	2ml	up to 2′
			Mandelic Acid 40%	2ml	up to 2′
4	**Neutralization**		Post-Peel Lotion	4ml	2′
5	**Calming / Hydration**		Bio-Cellulose Mask	1 item	15-20′
			Calming Bliss	2ml	1 ′
6	**Sun Protection**		Face Mineral Fluid (Tinted) SPF 50	1ml	1 ′

Home Daily Regimen:



Bio-Cellulose Mask
The next day of treatment



Calming Bliss
Morning - Night
(For 3 days)



Face Mineral Fluid SPF 50 or Face Mineral Fluid Tinted SPF 50
Morning (Daily)