Face

PDRN Rejuvenation Therapy (Bioneedling)

Professional skin rejuvenation protocol featuring PDRN (Polydeoxyribonucleotide) combined with bioneedling technology, using microscopic needles (spicules) naturally derived from freshwater sponges.

The skin is revitalized, improving elasticity, hydration, texture, and the appearance of discoloration.

Action:
Skin rejuvenation and renewal, hydration, firming, and radiance.

Indications:
Fine lines, wrinkles, visible marks and uneven skin texture, loss of firmness, and photoaging.

Contraindications:
Skin with open wounds, moles, keloids, sunburn, extremely sensitive skin, impaired wound healing, blood disorders and blood clotting disorders, dermatitis, acne and inflammatory rosacea, allergies to any of the product ingredients, pregnancy, breastfeeding, herpes, vitiligo, psoriasis, use of isotretinoin within the past six months, malignancies, chemotherapy or radiotherapy, history of autoimmune diseases, diabetes mellitus, and fever.

Key ingredients:
Spicules (Hydrolyzed sponge), PDRN 2%, Centella Asiatica, Copper Peptide

Recommended applications: At least 5–6 sessions, depending on the skin's condition and individual needs
Duration of session: Up to 36 minutes
Repeatability: Every 15 days
Maintenance: Every 45 days

Step 1: Cleansing

Cleanse the face using Elements Sensitive Cleansing Gel. ***(Duration: 1 minute)***

Step 2: Preparation

To protect sensitive areas, apply Elements Eye Shine Mask locally around the eyes, on the lips, around the nostrils, and over any moles. ***(Duration: 1 minute)***

Step 3: Spicule Bioneedling

3a. Spicule Powder (0.5g) + Spicule Prep Lotion (5ml)

First, transfer the entire contents of the Spicule Powder vial into a small mixing bowl. Then, add 5ml of Spicule Prep Lotion using the measuring cap included in the packaging. Mix thoroughly with a spatula until a thick, viscous mixture is formed. ***(Duration: 1 minute)***

3b. Incorporation PDRN 2% (2.5ml)

Shake the Ameson Mesotech PDRN 2% ampoule well and withdraw 2.5ml of the product using a sterile syringe. Then, add the contents to the previously prepared thick mixture. As you stir, you will notice a change in consistency until a smooth, homogeneous gel is formed. ***(Duration: 1 minute)***

3c. Application

Using a spatula, apply the final mixture to several areas of the face. Wearing gloves, gently and evenly spread the mixture, avoiding the eyes and lips. Then, apply continuous pressure with your fingertips for 5 minutes. Do not rub or remove the mixture under any circumstances. The tingling and burning (warming) sensations may intensify as the application progresses, which is to be expected. ***(Duration: 5-6 minutes)***

(Total duration: up to 8 minutes)

Step 4: Calming

Apply the Ameson Bio-Cellulose Mask according to the instructions provided on the packaging. Then, spread the serum remaining in the packaging over the neck and on top of the mask. Leave the mask on for 20 minutes, then remove it. Next, remove the Eye Shine Mask from the areas of the face where it was applied. Complete the treatment by gently applying 1 ml of Ameson Calming Bliss over the entire face. ***(Duration: 25 minutes)***

Step 5: Sun protection

Apply 1ml of Sunfilm Face Gel SPF 30 or Face Mineral Fluid SPF 50, depending on the time of the treatment session. ***(Duration: 1 minute)***

After Spicule Session

During the first 3 days following the treatment, it is recommended to use only the following products:



Sensitive Cleansing Gel



Calming Bliss



Face Mineral Fluid SPF 50 or Sunfilm Face Gel SPF 30

During this period, avoid: Unnecessary touching or rubbing of the face; the use of products containing AHA/BHA or other exfoliating agents, fragrances, retinol, or other retinoids, prolonged contact with hot water whenever possible, sun exposure (at the beach or in the mountains), swimming (in pools or the sea); activities that cause sweating (saunas, tanning beds, exercise), makeup, and contact with detergents and dust.

	Step	Product	Quantity	Duration
1	**Cleansing**	Sensitive Cleansing Gel	1ml	1 minute
2	**Preparation**	Eye Shine Mask	2ml	1 minute
3	**Spicule Bioneedling**	Spicule Powder	0.5g	8 minutes
		Spicule Prep Lotion	5ml	
		PDRN 2%	2.5ml	
4	**Calming**	Bio-Cellulose Mask	1 item	25 minutes
		Calming Bliss	1ml	
5	**Sun protection**	Sunfilm Face Gel SPF 30 or Sunfilm Face Mineral Fluid SPF 50	1ml	1 minute

Home Daily Regimen



PDRN Rejuvenating Serum



PDRN Rejuvenating Cream



Face Mineral Fluid SPF 50 or Sunfilm Face Gel SPF 30

For complementary at-home skincare, the following products are also recommended for evening use **Spicule shot Essential or Spicule shot Advanced every 3 days**.



Spicule Shot Essential or Advanced

Caution: Discontinue use at least 3 days before the next professional treatment session.