Antiage

Grand Retinoid Therapy

Anti-ageing, rejuvenating and tightening treatment with retinoids, Vitamin C and Bioplacenta for normal, dry, and combination and oily skin types.

Professional cosmetic facial treatment that offers anti-ageing and skin rejuvenating effect, hydrates and firms the epidermis while improving its appearance and texture. This treatment is based on the action of cosmetic products containing high concentrations of retinoids and growth factors (Bioplacenta), Vitamin C, in synergy with a specialized peeling and cellular stimulating system.

Main action
Anti-ageing, cellular stimulation of the epidermis.

Secondary action
Hydration, skin renewal, improves elasticity.

Skin concerns
Wrinkles, oxidative stress, photo-ageing.

Contraindications
Contraindicated in skin herpes zoster.

Skin types
Normal, dry, combination, oily skin.

Key ingredients
Retinoid, Bioplacenta, L- Ascorbic Acid, Unirepair T-43, Dermonectin, Collagen, Hyaluronic Acid, Keratoplast.

Suggested applications: 8-12, based on the skin condition. This protocol can also be applied either once to prevent sings of ageing or systematically for anti-ageing skin care.
Session duration: 40-45 minutes
Repeatability: 2 times a week
Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Hydra Cleansing Milk
Cleanse the face and neck thoroughly with Hydra Cleansing Milk and remove with wet cotton pads.

1b. Cleansing Tonic Lotion
Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation, by removing the dead cells of the epidermis, with cellular stimulation and renewal. We apply a specialized anti-ageing peeling system in **3 stages:**

2a. AHA Smoothing Cream (3ml)
Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed.* In the meantime, mix and apply the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. ***(Duration: 9-11 minutes)***

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)
The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Yellow Peeling (0.7-1ml)
Apply 0.7-1 ml Yellow Peeling (Retinoid 1%, Ascorbic Acid 2% (3-0-Ethyl Ascorbic Acid), Glycolic Acid 7% Lactic Acid 7.2%, Panthenol / pH~3.0). Leave on for 7 minutes and do not remove. In case of irritation, rinse with water and move to the next step. ***(Duration: 7 minutes)***

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Retinoid Antiaging System

This step aims to activate stimulate the skin's regeneration and repairing mechanism to and restore the skin damages (wrinkles, oxidative stress), in **2 stages:**

3a. Forte C 12% (1ml) & Bioplacenta Serum (1ml)
On dry, oil-free skin apply 1ml Forte C 12% on the face and neck and allow it to be absorbed (do not ionize). Then, apply 1ml Bioplacenta Serum on face and neck and proceed with gentle massage until absorbed or ionize using the negative pole. ***(Duration: 4 minutes)***

3b. Repairing Mask (5ml) & Eye Shine Mask (1ml)
Combine the 2 masks on the area around the eyes, face and neck. With a soft mask brush apply 1ml Eye Shine Mask on the area around the eyes and 5ml Repair¬ing Mask on the rest of the face and neck. Allow to be partially absorbed (5 minutes) and then proceed with facial massage using both masks for 10 minutes and rinse with water. ***(Duration: 10 minutes)***

(Total duration: 14 minutes)

Step 4: Retinoid Repairing System

This step aims to further enhance the restructuring mechanisms of the skin and protect the epidermis from oxidative stress, in **2 stages:**

4a. Retinoid C Serum (1ml), 3% (1ml), 10% (0.5ml)
On dry, oil-free skin, apply 1ml Retinoid C Serum on the face and neck and allow it to be absorbed or ionize using the negative pole. Continue with the topical application of Retinoid 3% Serum on the areas with greater need. After the third session and depending on the skin condition, apply the Retinoid C Serum on the entire face and neck until it is absorbed. Then, apply the Retinoid 3% Serum on the entire face and apply the Retinoid 10% Serum topically on the areas with the greater need (wrinkles, dyschromia, scars). ***(Duration: 4 minutes)***

4b. Retinoid C Cream (2ml)
Apply 2ml Retinoid C Cream on face and neck and gentle massage until it is absorbed. ***(Duration: 1 minute)***

(Total duration: 5 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+ depending on the skin type, the season and time of the session. ***(Duration: 1 minute)***

Step 6: Home Daily Regimen

Morning:
- **Retinoid C Serum**
- **Retinoid C Cream**

Night:
- **AHA Smoothing Cream**
- **Bioplacenta Serum**

We strongly recommend the use of the home regimen products for at least two months.

	Step	Product	Quantity/ application	Duration
1	**Cleansing System**	Hydra Cleansing Milk	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	**Triple Action Peeling System**	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Yellow Peeling	0.7-1ml	
3	**Retinoid Antiaging System**	Forte C 12%	1ml	4 minutes
		Bioplacenta Serum	1ml	
		Repairing Mask	5ml	1 minute
		Eye Shine Mask	1ml	
4	**Retinoid Repairing System**	Retinoid 1%, 3%, 10%	1ml, 1ml, 0.5ml	4 minutes
		Retinoid C Cream	2ml	1 minute
5	**Sun Protection**	Sunfilm Face Gel SPF 30 or Sunfilm Face Bliss SPF 50+	2ml	1 minute

Home Daily Regimen: Morning - Night



Retinoid C Serum



Retinoid C Cream



AHA Smoothing Cream



Bioplacenta Serum