Antiage

Caviar Nourishing Therapy

Facial treatment for cellular nutrition and restoration of the hydrolipidic balance of the skin with caviar for mature, dry and dehydrated skin.

A professional cosmetic facial treatment that restores the necessary lipids of the skin: free fatty acids, ceramides and cholesterol, while restoring the hydrolipidic balance of the keratin layer and the normal function of the skin barrier. In this way, moisture is retained, and the natural process of skin renewal is enhanced. This treatment is based on the action of cosmetic products containing high concentrations of 2 types of caviar (black and red), enhanced with Omega 3, Omega 6, Omega 9 fatty acids, ceramides, collagen and vitamins C, D, F, E in synergy with a triple action exfoliating and cellular stimulating system.

Main action
Nourishment, strengthening of the skin barrier, anti-aging, cellular stimulation of the epidermis.

Secondary action
Rejuvenation, hydration.

Skin concerns
Deep wrinkles, dehydration, oxidative stress, photoaging & biological aging, sagging and lack of elasticity.

Contraindications
Contraindicated in cutaneous herpes zoster.

Skin types
Dull & tired mature skin and skin with a disrupted skin barrier.

Key ingredients
Salmo Ovum, Black Caviar, INCA Omega Oil, Chia Oil, Wheat Germ Oil, Ceramide HO3, Ceramide 3B, Marine Collagen, Elastin Marine, L-Ascorbic Acid, Vitamin F Forte, Vitamin A, Provital D3, Vitamin Complex E-C-F, Filagrinol, Venuceane

Suggested applications: 8-10, based on the skin condition. This protocol can also be applied either once, preventively, or systemically for anti-aging skin care.
Session duration: 47-56 minutes
Repeatability: 2 times a week
Maintenance: Once per month

Step 1: Cleansing System

The main goal of cleansing is to remove impurities and makeup from the skin.

1a. Hydra Cleansing Milk
Cleanse the face and neck thoroughly with Hydra Cleansing Milk and remove with wet cotton pads.

1b. Cleansing Tonic Lotion
Soak a cotton pad with Cleansing Tonic Lotion and tone the skin on the face and neck.

(Total duration: 3 minutes)

Step 2: Triple Action Peeling System

At this stage we combine exfoliation by removing the dead cells of the epidermis with cellular stimulation and renewal. We apply a specialized anti-ageing peeling system in **3 stages:**

2a. AHA Smoothing Cream (3ml)
Apply 3ml of AHA Smoothing Cream (Lactic Acid 2.7%, Glycolic Acid 5.3%, Mandelic Acid 1.0%/ pH ~ 5) on the face and neck, then massage for 3-5 minutes until absorbed. Allow it to dry for 3 minutes* and continue by rubbing with fingertips creating a gommage effect. This step is complete when all the gommage residue has been removed. *In the meantime, mix the Exfoliating Enzyme Mask with Exfoliating Enzyme Lotion. ***(Duration: 9-11 minutes)***

2b. Exfoliating Enzyme Mask (1.5g) & Exfoliating Enzyme Lotion (3ml) (eye contour area)
The choice of enzymatic peeling on the delicate skin around the eyes, offers gentle exfoliation without causing irritation. It has brightening effects and acts as an eye protection. Apply the Exfoliating Enzyme Mask (Papain, Bromelain, Kaolin) and Exfoliating Enzyme Lotion (L-Arginine) on the area around the eyes. Use: Mix 1.5gr powder with 3ml lotion in a bowl to make a paste and then apply it around the eyes with a soft brush.

2c. Yellow Peeling (0.7-1ml)
Apply 0.7-1 ml Yellow Peeling (Retinoid 1%, Ascorbic Acid 2% (3-0-Ethyl Ascorbic Acid), Glycolic Acid 7% Lactic Acid 7.2%, Panthenol / pH~3.0). Leave on for 7 minutes and do not remove. In case of irritation, rinse with water and move to the next step. ***(Duration: 7 minutes)***

Remove the enzyme mask from the area around the eyes 7 minutes after its application.

(Total duration: 16-18 minutes)

Step 3: Caviar Nourishing System

This step aims to activate the mechanism of skin regeneration in order to repair its damage (sagging, wrinkles, oxidative damage) in **2 stages:**

3a. Forte C 12% (1ml) & Collagen Elastin Serum (1ml)
On dry and oil-free skin apply 1ml Forte C 12% on the face and neck and allow to be absorbed (do not ionize). ***(Duration: 1 minute)***. Continue with the application of 1ml Collagen Elastin Serum and gently massage until absorbed or ionize the negative pole. ***(Duration:2-4 minutes)***

3b. Caviar Nourishing Mask (3ml) & Caviar Firming Mask (7ml)
We use 2 masks in combination with the layering technique. Apply 3ml Caviar Nourishing Mask massaging the face and neck for 5-10 minutes. Wipe gently the face with a tissue, removing excessive oiliness and do not remove. Continue with the application of Caviar Firming Mask 7ml on face and neck with upward movements. Leave for 15 minutes and rinse with water. ***(Duration: 20-25 minutes)***

(Total duration: 20-30 minutes)

Step 4: Ω3-Ω6-Ω9 Nourishing System

This stage aims to restore the skin barrier and enhance the epidermis with essential elements and free fatty acids, to maintain cells' integrity and accelerate their natural reconstruction, in **2 stages:**

4a. Double Caviar - Step 1 Oil (1ml) & Double Caviar - Step 2 Serum (1ml)
On dry, oil-free skin apply 1ml Double Caviar - Step 1 Oil on the face and neck. Continue with the application of 1ml of Double Caviar - Step 2 Serum, massaging for 3 minutes (do not ionize). ***(Duration: 3 minutes)***

4b. Caviar Nourishing Cream (2ml)
Apply 2ml Caviar Nourishing Cream on the face and neck and gently massage until it is absorbed. ***(Duration: 1 minute)***

(Total duration: 4 minutes)

Step 5: Sun Protection

Optionally, apply 2ml Sunfilm Face Gel SPF 30 depending on the season and time of the session ***(Duration: 1 minute)***

Step 6: Home Daily Regimen

Morning:
- **Collagen Elastin Serum**
- **Caviar Nourishing Cream**

Evening:
- **Double Caviar Oil & Serum**
- **Caviar Nourishing Cream or Caviar Nourishing Mask**

exclusively and for 2 months use.

	Step	Product	Quantity/ application	Duration
1	**Cleansing System**	Hydra Cleansing Milk	1ml	3 minutes
		Cleansing Tonic Lotion	1ml	
2	**Triple Action Peeling System**	AHA Smoothing Cream	3ml	9-11 minutes
		Exfoliating Enzyme Mask	1.5g	7 minutes
		Exfoliating Enzyme Lotion	3ml	
		Yellow Peeling	0.7-1ml	
3	**Caviar Nourishing System**	Forte C 12%	1ml	1 minute
		Collagen Elastin Serum	1ml	2-4 minutes
		Caviar Nourishing Mask	3ml	5-10 minutes
		Caviar Firming Mask	7ml	15 minutes
4	**Ω3-Ω6-Ω9 Nourishing System**	Double Caviar - Step 1 Oil	1ml	1 minute
		Double Caviar - Step 2 Serum	1ml	2 minutes
		Caviar Nourishing Cream	2ml	1 minute
5	**Sun Protection**	Sunfilm Face Gel SPF 30	2ml	1 minute

Home Daily Regimen

AM



Collagen Elastin Serum



Caviar Nourishing Cream

PM



Double Caviar Oil & Serum



Caviar Nourishing Mask